

(continued from front flap)



This is a photo of me at

**E**ighteen,

when I became one of the most successful models in the industry today.

*Hungry* charts the rise, fall, and rise of Crystal Renn, offering a behind-the-scenes peek into the modeling industry, as well as a trenchant look at our weight-obsessed culture. In this testament to the power of authenticity, Renn illustrates the ways in which the fashion industry is slowly changing and exposes the cold truths about size and sizeism.

An inspiring and cautionary tale, *Hungry* will resonate with anyone who has battled society's small-minded definitions of beauty.

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"AN EYE-OPENING, cautionary tale for all women, *Hungry* explores the difference between the fantasy that society projects and the reality of what makes us happy. Crystal Renn's experience debunks the modern-day Cinderella story of the fat girl who loses weight to get happy. This is a new fairy tale, one in which a young woman embraces the size she's supposed to be and the world opens up for her."  
—LORI GOTTLIEB,  
author of *Stick Figure: A Diary of My Former Self*

"Crystal Renn is a HIGH-SPIRITED, CONVINCING spokesperson for broadening our notions of beauty. She walks the walk within the modeling world and provides gritty details about the ways in which modeling can provide a pathway into serious eating disorders or, at the very least, lack of confidence in one's own body. *Hungry* adds a unique twist to a growing women's chorus: even if you are young and beautiful, as Renn is, it's best to give up the addiction to slimmness for the sake of personal authenticity, social relations, intimacy, and sexual pleasure."  
—JOAN JACOBS BRUMBERG,  
author of *The Body Project and Fasting Girls*

"*Hungry* offers an INTELLIGENT AND INTIMATE look inside the modeling industry and into Crystal Renn's heart. Renn's epiphany—that she didn't have to be a size 0 to find success and happiness—serves as a more powerful portrait of strength and beauty than anything a camera could capture."  
—WENDY SHANKER,  
author of *The Fat Girl's Guide to Life*



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HUNGRY

CRYSTAL RENN

with Marjorie Ingall



# HUNGRY

A Young Model's Story  
of Appetite,  
Ambition,  
and the Ultimate  
Embrace of  
Curves



CRYSTAL RENN  
with Marjorie Ingall

U.S. \$25.00  
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At fourteen, I was a normal kid struggling with adolescence in Clinton, Mississippi, when a modeling scout told me:

You could be a supermodel. And then: But you'll have to lose a little weight. For glamour, fame, and escape, I lost 70 pounds.



This is a photo of me at Sixteen,

when I signed a big modeling contract, moved to New York City, and started traveling around the world. It is also when I developed a ferocious case of exercise bulimia and anorexia, and began to lose my hair, develop massive bruises, and experience frequent heart palpitations. And still my body refused to remain a size zero. As my weight rebelled, my mania escalated. I experimented with diet drugs and often fainted between casting calls, slumping on the pristine sidewalks of Madison Avenue.

Until one day I realized that if I wanted to live, I could no longer starve. I had to get off the crazy-making treadmill. I had to nourish my body and feed my soul. So I ate. And ate. And I returned to my natural size 12—the size of the average American and the size I was when I really made it big.

(continued on back flap)

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